



THE OFFICIAL NEWSLETTER OF THE PHILIPPINE DENTAL ASSOCIATION

PDA Bulletin

ISSUE NO. 1 | JUN-DEC 2022



WHAT'S INSIDE?

EDITORIAL
**The Digital Age
and It's Impact on
Organized Dentistry**

HOUSE OF DELEGATES
**One with PDA
in Overcoming
Barriers**

DENTIST LICENSURE
EXAMINATION
**Achievement
Unlocked**

REGION 3 INDUCTION
CEREMONIES
**A High Energy
Headstart**



FIRST PDA HYBRID CONVENTION

**New Reality Calls for
New Ways to Connect**

As we gradually come to terms with the national health crisis and the unprecedented new reality it ushered in, we at the Philippine Dental Association (PDA) continue to pivot with the rapidly changing times and seek out new ways to connect with one another in the virtual and physical realms.

A couple of years since the tides of the pandemic reeled us in, the PDA has batten down the hatches and successfully managed to rise above these proverbial tides. In the face of nature's display of its grim humor, the PDA has proved to be a force to reckon with during this dark, difficult time. The PDA continues to blaze new trails to anchor and hold all of us steady in the hope of taking us all to the next, higher level no matter the odds and challenges. *(cont. p.2)*

PDA LIVES UP TO ITS THEME: "WITHIN REACH" WITH PDA MCP+



The Philippine Dental Association has gotten more accessible and truly is becoming more and more within reach to its members. Recently launched was PDA Membership Control Panel Plus (PDA MCP+), the first mobile application software produced by the mother organization.

MCP+ is a mobile application developed specifically for use on a mobile device such as a phone, tablet, or watch. It stands in contrast to desktop applications where it is designed to run on desktop computers, and web applications designed to run in web browsers instead of directly running on mobile devices. *(cont. p.5)*

CASE PRESENTATION: *see p.16*
**MUCOGINGIVAL SURGERY PRIOR
TO ORTHODONTIC TREATMENT**

UPCOMING EVENTS

JANUARY 18-19
**VISCON 2023 -
25th PDA VISAYAS AREA
CONVENTION**
SKY HALL, SM SEASIDE, CEBU CITY

MARCH 29-30
**33rd MINDANAO AREA
CONVENTION 2023**
SIARGAO ISLAND

MAY 8-12
**114th PDA ANNUAL
CONVENTION &
SCIENTIFIC SESSIONS**
SMX CONVENTION CENTER MANILA



The PDA, in its quest to create the best possible connection and collaboration experience for all, has designed the 113th PDA Annual Convention, aptly themed “PDA Within Reach”, to cater both in-person and virtual interaction, thereby earning the title as the first hybrid convention ever. Maximizing widely available technology, the PDA has taken things to the next level by hosting a seamless full 3D 360° virtual convention powered by our excellent virtual streaming provider, Waveplay Interactive and Hwangs. The PDA proudly presents a browser-based virtual platform and offers the Convention participants two (2) modes of joining: online or hybrid. The Convention makes it equally riveting for online mode attendees and hybrid mode attendees.

Through the interactive virtual platform, delegates may access the scientific sessions, live social events, E-Posters, E-Souvenir magazine and E-Newsletters.



Online Mode – The online mode allows everyone to flexibly attend and engage virtually, thereby making it easier to catch all the lectures via livestream in the comforts of one’s own home or even while on the go.

Hybrid Mode – Registrants who choose the hybrid mode can experience the event both virtually and live, in-person. At the SMX Convention Center, the registrants can reunite with their peers by attending livestream lectures as well as the face-to-face sessions together.

E-Commerce – The Convention positions itself as a venue not only of knowledge-sharing but also as a straightforward and modern business center. Above and beyond its distinct hybrid participation modes, the Convention showcases a hybrid commerce platform for onsite and online premium dental traders. The Convention established a dynamically distinctive onsite and online shop of various dental products that connects consumers with merchants.



Via a hybrid shopping experience, shoppers can place an order, add items to their virtual or physical cart, and then pay at check out through the most convenient payment option for both the consumer and the merchant.

Outlook – While there is no doubt that the PDA has made remarkable strides in making itself within reach through the Convention, no one knows for certain the depth and breadth wielded by the economy of access that the PDA successfully breached in the Convention. The PDA has barely scratched the surface of its potential to create meaningful collaborations, facilitate thriving interactions, and pioneering unstructured communication in the context of the new reality.

– Dr. Jennifer Mercado-Añonuevo



Season's Greetings my dear PDA members!

I am grateful to all of you who have maintained steadfast and resolute to pursue the true meaning of being a dental professional. I have been blessed with all your support, kindness and well-wishes. And there is no greater gift that I can hope for as we feel the warmth of the Christmas surrounded by love and laughter.

The season of joy also celebrates the half-way mark of PDA's fiscal year. After six months of steering the PDA through the rollercoaster of the pandemic, peace and stability is finally coming into our lives. Faith has been my armor as I trusted commitment and hardwork to yield the answers to many of the challenges I had to face. More importantly, your trust was immeasurable and it fed my spirit of service and leadership.

Much has been done in the name of PDA but more needs to be accomplished. We need your enduring dedication for our mother organization to stay resilient and Within Reach.

Please continue to participate in our programs and activities as they are all meant to improve and better all of us as dental professionals and noble contributors to our communities.

Thank you and happy holidays to all!

Dr. Cheryl Y. Del Rosario
President,
Philippine Dental Association, Inc.



ONE WITH PDA IN OVERCOMING BARRIERS

by: *Dr. Alice Camacho*

House of Delegates



The House of Delegates had its Midyear Session on its 61st year last June 1 and 2, 2022. This year's theme, "One with PDA in Overcoming Barriers," was conceptualized after PDA's theme: "PDA Within Reach." It is in seeing beyond the obstacles that fulfillment of aspirations become possible.

It has been a successful 2-day plenary session, well attended by the Chief Delegates and Official Delegates of the different PDA Chapters and Affiliates. Proposed resolutions were presented and were duly approved after deliberation and further discussion. One of which led to the confirmation of the COMELEC third member, Dr. Dino Salvador C. Galvez.

One of the highlights of the session was the conferment of Life Membership Award to Dr. Jose Angelo G. Militante, PDA Immediate Past President and to HOD Past Speakers, Dr. Jessie R. Albeus and Dr. Marie Isabel G. Brual.

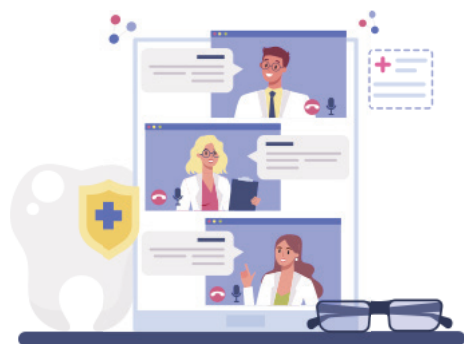
HOD looks forward to a more interactive and meaningful Annual Session as it endeavors to be the stronghold for all Filipino Dentists.

Editorial

THE DIGITAL AGE AND ITS IMPACT ON ORGANIZED DENTISTRY

Welcome to the electronic newsletter of the Philippine Dental Association, the PDA E-Bulletin. The word electronic sounds a little passé for most people as the more common words everyone now is acquainted with when we talk about technology are automated, digital, and online among others.

Since the coronavirus pandemic started, people from different fields have been circumstantially forced to keep up with technology as if this was the only way to survive the challenges brought about by the pandemic. It was actually a blessing in disguise that the pandemic made us inevitably reliant on technology and made our lives surprisingly more convenient. PDA for one was relentless in pursuing the goal of meeting the professional development needs of its members while putting at top priority to maintain their health and safety.



The 113th Annual Convention was offered to the members in hybrid format wherein people had the option of either staying home to attend the convention or going to the venue in person. Most, if not all, seminars were held in the convenience of our homes. The birth of MCP+ is already a head start for more advancements to look forward to in our organization.

We are slowly adapting to the new normal but we can also feel the huge impact that technology has had in our lives in this 21st century. Some critical aspects that tech has helped in improving our lives are: improved communication, accessibility, and better information access. There's no denying that the digital age will never rest and progress will continue.

Staying ahead of the technology curve can have a tremendous impact in organized dentistry. Who knows, it won't be long when the convenience of the technology that we are experiencing now will be superseded with more advanced and evolved technology where artificial intelligence is incorporated in our tasks. Utilizing the latest tools will greatly reduce costs by streamlined processes, limiting human errors and increasing efficiency in organized dentistry. That, definitely, is something worth looking forward to.
– *Dr. Jeanne Marie Ciño-Martinez*



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PDA LIVES UP TO ITS THEME: “WITHIN REACH” WITH PDA MCP+

by: *Dr. Jeanne Marie Cño-Martinez*

MCP+ is an application where PDA members can update their profile; conveniently access membership services; pay membership fees; view Continuing Professional Development (CPD) points; and download documents like Welfare and Trust Fund Benefits application forms and Certificate of Good Standing (COGS) request letters. Members can also navigate through other tasks like registering for events, viewing the latest issue of the PDA Bulletin—the official newsletter of the association, and download other resources.

At the time of writing, the developers are coming up with E-commerce and E-voting features and will soon make these features available. This noble project was envisioned to align with the theme of the PDA President Dr. Cheryl del Rosario, “Within Reach” to make PDA more accessible to the members, which ultimately makes organized dentistry able to keep up with the advancement in technology. This is in partnership with Unilab, Inc. and through the efforts of Deputy Chair for Membership, Dr. Almira Olarte.

PDA MCP+ is now available on Google Play Store for Android users and will soon be available on the App Store for Apple users. Just search for PDA MCP+

HOW TO ACCESS YOUR PDA ACCOUNT VIA WEB

Go to <https://membership.pda.com.ph/pda>

PLEASE LOGIN

✔ Let's Go
Forgot Password..

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DENTIST

USERNAME: PRC Number (Ex. 12345)

PASSWORD: Your temporary password is your PRC

SURNAME including hyphen in small letters and PRC number without space. (Ex. surname12345)

DENTAL HYGIENIST

USERNAME: dhPRC Number (Ex. dh12345)

PASSWORD: Your temporary password is your PRC SURNAME including hyphen in small letters, dh (dental hygienist) and PRC number without space. (Ex. surnamedh12345)

DENTAL TECHNOLOGIST

USERNAME: dtPRC Number (Ex. dt12345)

PASSWORD: Your temporary password is your PRC SURNAME including hyphen in small letters, dt (dental technologist) and PRC number without space. (Ex. surnamedt12345)



ACHIEVEMENT UNLOCKED

1,431 out of 2,341 (61.13%) PASS NOVEMBER-DECEMBER 2022 DENTIST LICENSURE EXAM

by: Dr. Reinalyn Estrada-Muñoz

Taking the Dentist Licensure Exams is probably one of the most grueling mental anxiety an aspiring dentist can imagine. It's like making a cake that you have to go all through sorts of preparation like attending review classes, gathering all sorts of review materials, group study sessions, burning the midnight oil by yourself, and practicing on typodonts, wax patterns and setting complete dentures. After all the preparations you can only mix a pinch of leisure time so you can relax a little and once the D-day is here, you sit down and answer the questions on the exams and try to accomplish the practical examination skills. After the tough 5 days of exam, the long wait for the results is even more nerve-racking because of the uncertainty of whether you'll pass or fail.

Last December 19, 2022, the wait has ended for the 2,341 examinees as the Professional Regulations Commission (PRC) announced the list of successful dental licensure examinees. The Dental examination was done last November 27-29, 2022, for the written examination phase and the practical phase on December 3-10, 2022, at different testing centers located in Manila, Baguio, and Cebu. Out of the total examinees, 1,431 (61.13%) passed the Dentist Licensure Exams.

Topping this recent November-December 2022 board exams is Dr. Janelle Kristen Ong Go from the University of the Philippines, followed by Dr. Danielle Clarisse Escote Malagkit from the University of the East Manila and Dr. Tristan Robby Layne Usita Legaspi of the University of the Philippines scored third place. Completing the list of the top 10 examinees are

the following: 4th place Dr. Jose Paolo De La Cruz Ingaran from Centro Escolar University, Manila; 5th place Dr. Belie Jean Tomambid Vallespin from Southwestern University; 6th place Dr. Chelsie Cabalce Horiondo from University of the Philippines, Manila; 7th place Dr. Patricia Rye Vergara Estrella from Centro Escolar University, Manila; 8th place Dr. Patricia Dy Co from University of the East, Manila; 9th Place Dr. Leonah Jean De Los Reyes Polopot from Our Lady of Fatima University, Valenzuela and Dr. Selina Jasmin Shi Young from the University of the East, Manila and 10th place is Dr. Jennifer Cristy Barras Kambeitz from Centro Escolar University, Makati.

PRC also released the list of top performing schools with fifty or more examinees passed and at least 80% overall passing percentage, as per Commission Resolution No. 2017-1058 (C) series of 2017 and these are the following:

1. Centro Escolar University Makati with a percentage of 95.93% out of the total one hundred twenty-three (123) examinees one hundred eighteen (118) passed.
2. University of Baguio with a percentage of 93.85% out of sixty-five (65) examinees sixty-one (61) passed: and
3. Centro Escolar University Malolos with a percentage of 86.30% out of the seventy-three (73) examinees sixty-three passed (63).

The current Board of Dentistry is composed of Dr. Rodolfo Drapete, Officer-In-Charge (inhibited); Dr. Melinda Garcia, Dr. Carlito Paragas, Dr. Gloria Bumanlag and Dr. Merlin Go as Members.

Passing the Dentist Licensure Exam is like the icing of our cake from the long years of studying Dentistry at our respective dental schools and the preparations we did prior to our exam. This is the culminating result we've been waiting so we can fulfill our dreams in becoming a full pledged dentist. Truly, this is an achievement unlocked for these hardworking Dentistry graduates, despite the challenges faced during the pandemic, they emerged as the new face of Dentistry: Resilient and Motivated.

As part of the Philippine Dental Association we welcome our newly licensed dentists to our community and we look forward to working with these young and enthusiastic individuals in promoting oral health in our country.

Source: prc.gov.ph



ECODENTISTRY

by: Dr. Vianca de Jesus

Some groups have been calling for saving Mother Earth in the past decades. Policy and law-making body started administrative orders and presidential decrees even in the early 70's. The clamor for environmental safety and protocols were administered specifically to populated areas not just in our country but around the world. The main culprit that made our environment totally ill is the presence of carbon footprints particularly – PLASTICS.

Carbon footprints is said to be the total amount of greenhouse gases which includes carbon dioxide and methane that is generated by our actions (www.nature.org/en-us/get-involved). Are we producing that much carbon footprint? Does our clinic produce much single use plastic? These are most questions that keep on running in our mind every time we are being faced with fees regarding our hazardous waste. According to The Ellen McArthur Foundation, there are about 10 million tons of plastic are dumped in our oceans annually. Approximately about a truckload of plastic every minute. Fifty percent of all plastics are single used only and that only 9% of these can be recycled. What fears me the most is that there will be more plastics than fishes in 2050 if we do not take some action in reducing it.

In Metro Manila there are approximately 9,212.92 metric tons of garbage being produced each day while 4,440.15 metric tons is produced by the people in Region 4, according to NSWC (National Solid Waste Commission), which makes the Philippines third biggest polluter in the world as of June 10, 2020.

In the dental clinics, the production of infectious waste reaches 52.2% of our total waste. It discards approximately 680 million chair barriers, light handle covers and patient bibs, as well as 1.7 million sterilization pouches and other disposables like gloves, masks, suction tips, saliva ejectors needles and papers. Much of this waste does not easily decompose. At the same

“In the dental clinics, the production of infectious waste reaches 52.2% of our total waste.”

time, conventional vacuum systems use up to 360 gallons of water per day (Eco-Dentistry Association/Dental Office waste). According to National Center for Biotechnology Information, dental practice generate large amounts of waste cotton, plastic, latex, glass and other materials contaminated with body fluids along with sharps, lancets, needles and syringes generated from normal patient treatment. Thus, making our dental clinic a hazardous waste generator.

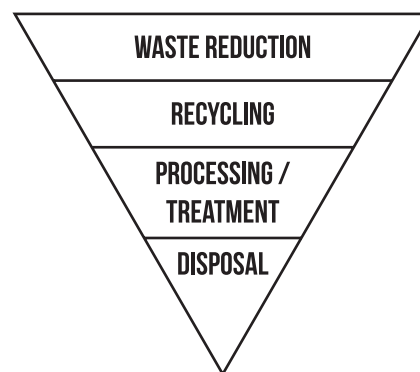
In the Philippines there are 5 environmental laws that need to be followed, they are: RA 6969 also known as the Toxic Substance and Hazardous Waste Management Act; PD 1586 known as Environmental Impact System; RA 8749 well known as Clean Air Act; RA 9275 or the Clean Water Act and RA 9003 known as Ecological Solid Waste Management Act 2000.

There are different ways on how we can aid in our environment, that is waste reduction, proper waste segregation, transport, treatment and disposal.

In the dental clinic, the first step to waste reduction is reducing single-use plastic items like the disposable cups, suction tips, and saliva ejector tips to autoclavable aluminum cups, tips and saliva ejector, respectively. Proper waste segregation includes compostable, recyclables and residuals.

It was suggested by WHO (World Health Organization) that human organs, tissues and other body parts; discarded cytotoxic drugs; contaminated items with blood and body fluid; should be incinerated or deep burial. Solid waste

EFFECTIVE ECOLOGICAL SOLID WASTE MANAGEMENT



produced from disposable items; liquid waste produced from laboratory and cleaning; chemical waste used in the production of biomedical and chemicals for disinfection must be treated chemically, be discharge into drains for liquid and protected landfills for solids.

The stand of Philippine Dental Association is to encourage its members to be compliant of the environmental laws in our country and support its environmental activities as a way of offsetting the carbon footprints contributed by our practice. It is not just our professional obligation to give our patients utmost dental care but also our moral and legal obligation to give treatment without harming the environment.

Philippine Color-coded Trash Containers

As per DENR Memorandum Order No. 2001 – 11, the color-coded trash containers all have their specific uses. The use for each color-coded container is as follows:



Reference: DENR (2001). DENR Memorandum Order No. 2001-11.
Retrieved from: http://policy.denr.gov.ph/2001/DENR_MO_2001-11.pdf

REGION 3 INDUCTION CEREMONIES: A HIGH ENERGY HEADSTART

by: Dr. Jen Yalung

The Philippine Dental Association starts its administrative year in the month of June. Each year, the PDA President together with the Chief Protocol Officer, Board of Trustees, and other PDA officers attend all the Induction Ceremonies of all the Chapters nationwide. Inductions are opportunities to visit or re-visit the different chapters in their respective regions; a chance to meet and greet PDA members albeit a tedious busy schedule, and present the PDA’s plans and programs for the year.

For AY 2022-2023, the first leg starts in Region 3 with 8 chapters to complete and they are as follows:



June 5, 2022 – PDA Angeles City Chapter 49th Anniversary Celebration and Induction of Officers & New Members, 3pm at Hilton Clark Sun Valley Resort, Clarkfield, Pampanga with its Sandigan President, Dr. Jennifer Roldan Ventic. It was a night of glitz and glam for all the attendees having the formal attire as always with more than 20 traders supporting the event. The first Sunday of June has always been the date for the Chapter’s induction in accordance to the provisions of the ACDC Constitution and By-Laws. The success of the event showcased the chapters’ hardwork and effort to make the celebration a memorable one.

June 6, 2022 – PDA Olongapo City Chapter 65th Induction and Turn-over Ceremonies, 5pm at Subic Bay Travellers Hotel, SBFZ with its Sandigan President, Dr. Wilma Ibañez Tupaz. True to its theme – “A Star-studded Soirée,” all are garbed in their elegant black gowns and dashing black coat and tie for the gentlemen. It was a night of fun and laughter as the officers, past presidents, and new members presented dance and song as part of the program to make the night even more livelier.



June 7, 2022 – PDA Zambales Chapter 39th Induction Ceremonies, 8am at Bakasyonan Resort and Conference Center, Sitio Lawak, Brgy. Amungan, Iba, Zambales with its Sandigan President, Dr. Carol Lynn Alipao Yabut. All cordially came in their Modern Ethnic Filipiniana attire.

June 8, 2022 – PDA Bulacan Chapter 59th Induction and Turn-Over Ceremonies, 4pm at RED ARC Events Place, Poblacion Balagtas, Bulacan with its Sandigan President, Dr. Queenie Jane Bandelaria. Undoubtedly one of the grandest inductions in the region for all the ladies wore Long Gowns in the colors of Champagne, Blush, or Mocha while the gentlemen exudes elegance and style in their Black Bow Tie and Suit. Even the place was set up with a touch of “Modern Empire”. The KADEBU Chorale rendered a beautiful song during the invocation.



June 11, 2022 – PDA Bataan Chapter 69th Induction of Officers and Turn-Over Ceremonies, 4pm at La Vista Balanga Inland Resort, Balanga City, Bataan with its Sandigan President, Dr. Rolando Mina. It started with a celebration of the Eucharistic Mass followed by the program proper. All Incoming Officers wore their best Filipiniana attire. Incidentally, the PDA Regional Coordinator for Region 3 - Dr. Ma. Rhea Razon from PDA Angeles City was also inducted.

June 12, 2022 – PDA Tarlac Chapter 84th Anniversary and Induction Ceremonies, 9am at Fortune Seafood Restaurant, MacArthur Highway, Tarlac with its Sandigan President, Dr. Norberto Vega. It was a simple and yet a meaningful celebration for the chapter's past presidents and officers who worked hand in hand to make the event a success.



June 12, 2022 – PDA Pampanga Chapter 90th Induction and Turn-Over Ceremonies at Ephatha Development Center, SACOP, Maimpis, City of San Fernando Pampanga with its Sandigan President, Dr. Mary Ann Macaspac. All Incoming Officers wore Filipiniana attire. It was another well-attended event making it a successful one.

June 13, 2022 – PDA Nueva Ecija Chapter 74th Induction Ceremonies at Harvest Hotel, Cabanatuan City with its Sandigan President, Dr. Ana Riza Manalang Peria. The past presidents, officers, and members who attended proved their strong support to the incoming administration making the event a success.



All inductions were graciously attended by the PDA President, Dr. Cheryl Del Rosario, PDA Vice President, Dr. Mari Jennifer Yalung, PDA Chief Protocol Officer, and other PDA officers to witness the chapters momentous events. Plans and programs were successfully presented. The PDA established camaraderie among the members making them feel that truly, PDA is within reach. Congratulations, Region 3 for making a good start, setting the energy level and momentum high, and bringing their chapters to greater heights.

PDA TALKS "TeethTalk"

by: Dr. Jennifer Mercado-Añonuevo

PDA Talks is a talk show structured to entice more dentists to become members of the Philippine Dental Association. This was conceptualized during Dr. Gelo Militante's term by the members of PDA Information Committee headed by Dr. Xandro Dael with Dr. Sheng Lunasco and Dr. Jani Porcincula as members in collaboration with Dr. Allan Banta of the Membership Committee. This was to add new flavor and to spruce up the dental campaign, steering away from the usual infographics and infomercials. The new platform that aims to reach out to our members and the community was first aired last September 18, 2021 via PDA's official Facebook page. For that reason, the PDA Talks is by far the most effective medium that carries a large variety of information, it was adopted under the leadership of Dr. Cheryl del Rosario.

With a target of 6 episodes this term, the first one was aired last December 8, 2022 entitled **"The Dentist is In for the Holidays"**. How to protect our teeth this Holiday season (especially the kids) was tackled in this episode. The second episode **"Huli ka, Pekeng Dentista!"** will be aired on December 29, 2022.

Having the right communication channel for the topic on hand and with the good feedback and reception from dentists nationwide, PDA Talks will definitely go a long way.

PDA Talks
SEASON 2
**Huli ka,
Pekeng Dentista!**
A PDA Campaign Against Illegal Practice of Dentistry

Guests
Dr. Ronaldo Nuñez **Dr. Narisa Ragos**

DECEMBER 29, 2022 | 6:00 PM
Live via the Philippine Dental Association FB Page

PDA with the reach **UNILAB**

STAND OUT, STAND PROUD

by: Dr. Arleen Reyes

An award sometimes called a distinction is something given to a recipient as a token of recognition for an outstanding project accomplished with distinct exemplary execution, worthy of emulation by future leaders in a chapter/affiliate. It also aims to raise the level of performance of a chapter/affiliate and stimulate the performance of its officers and members, hence, it puts emphasis and focus on establishing a culture of excellence and creativity.

Awards aim to motivate competition positively, in order to build and develop the capabilities of everyone in the group. It is for this reason, that the PDA Awards Committee has decided to revisit the Standard Operating Rules and Procedures and Guidelines (SORPG) manual of PDA on which the criteria for the past two years have been partly based, along with the criteria from the Professional Regulation Commission's Guidelines on Awards.

We have initiated advancements in order to keep up with the society's demands of an ecologically balanced manner of reporting. With the advent of online platforms to replace face-to-face school education, and business transactions and operations, the Google Form has proven to be an effective method of reporting. This replaces the voluminous submissions of reports which utilizes so much paper, which will eventually go to waste. This also minimizes so much use of resources as all it takes is just a click of a button to submit reports.

We are hopeful that through the Awards, the future of Philippine Dental Association as a professional organization will thrive with leaders who envision better programs for better oral health.

As of this writing, the 1st and 2nd Quarterly Reports and Financial Statements of all Chapters/ Affiliates have been evaluated and we look forward to the 3rd and 4th Quarterly submissions leading to the final Awards Night which is on May 11, 2023.

To fuel the spirit of competition between female students who desire distinction and creativity, to honor them, and to urge them to obtain scientific awards.

BLOODLETTING COMMITTEE

The committee's goal for this year was to target 1,500 bags of blood. The project is so successful through the efforts of the committee led by the chairperson, Dr. Delia Tumang, that they had to increase the target to 2,000 bags because the initial target was already reached as early as September. As of December, the committee has collected 1,935 bags already.

"With so many bloodletting activities lined up, I'm sure we will again surpass that target. We intensified our campaign for blood donation and we were able to inspire many chapters from Luzon, Visayas, and Mindanao to conduct their own bloodletting programs.", shared Dr. Tumang.

More than 100 bags were already given out to save lives. The upcoming National Dental Health Month this February 2023 will be another event to look forward to as there will be a simultaneous bloodletting event, particularly on February 19, 2023.

Some of the places that were personally graced by the very hardworking Chairperson were: Batangas province, San Pedro Laguna, Angeles City Pampanga, Lucena City, and Cavite. Due to limited constraints in the budget, these were the only places that she was able to visit in some of the bloodletting programs launched by the local chapters. Rizal Dental Chapter has already done the program four times already.



PDA SANDIGAN TWINNING PROGRAM REPORT

Chairman: Dr. Allan Banta
Deputy Chair: Dr. Xandro Raymond Dy Dael
Member: Dr. Magdalena Untalan

Based on the guidelines made by the committee, each twinned chapters have conducted several activities that are mainly based on the programs of the Sandigan term.

These are scientific seminars, eco-dentistry, public health programs on their selected dental homes. Members really enjoyed the camaraderie and friendships established after a whole day or probably a couple of days or even more. Well, surprisingly for some, they decided to do it together with chapters from other region, even if this would cost them that much which they have considered during the planning stage.

Financial aspect plays a vital role in executing a project, and here we can see how the chapters could raise funds in able to execute and start with the activity as planned. Collaborations with non-government organizations or other group, help them to sustain their projects until the end of the term.

The overwhelming support from their members were seen based on the report they have submitted, whether the area is located miles away from their respective provinces, still they continue to serve the community with enthusiasm this only show that PDA is really within reach.

As of November 15, 2022 the following twinned chapters submitted the copies of their MRA's, Board resolutions, and 2nd quarter report.

1. Quezon Province and Palawan
2. San Juan City & La Union
3. Batangas City & Occidental Mindoro
4. South Cotabato & Makati
5. South Cotabato & General Santos City
6. South Cotabato & Sultan Kudarat
7. Muntinlupa & Las Piñas
8. Marinduque & Rizal
9. Lipa & Oriental Mindoro
10. Makati & Baguio
11. Laguna & PAFJO-TMJ, Inc.
12. Batangas Province & Pasay
13. Agusan del Norte & Agusan del Sur
14. Manila & Kalinga
15. Manila & Bacolod City



Iloilo & Bacolod City



Palawan & Quezon Province



Laguna & PAFJO-TMJ, Inc.

16. Isabela-Quirino & Nueva Vizcaya
17. Isabela-Quirino & Santiago City
18. Las Piñas & Palawan
19. Kalookan & Valenzuela
20. Camarines Sur & Masbate
21. Capiz & Antique
22. General Santos City & Makati
23. Nueva Vizcaya & Pangasinan
24. Quezon City & PAGDi
25. Camarines Norte & Masbate
26. General Santos & Makati
27. Nueva Vizcaya & Pangasinan
28. Capiz & Antique
29. PPTC & PDHA
30. Iloilo & Bacolod City
31. Sorsogon & DHNAD
32. Isabela & Tuguegarao

33. Cavite & San Pedro City
34. Ilocos Norte & Pasay
35. Davao City & PAFJO-TMJ, Inc.
36. Cebu & Bohol
37. Lanao Del Sur & Iligan City
38. Ilocos Sur & Ilocos Norte
39. Cebu & Mandaue City
40. Negros Occidental & Oriental
41. Antipolo City & APODAP
42. Quezon City & Novaliches
43. PAFJO-TMJ, Inc. & Davao City
44. Albay & Catanduanes
45. Parañaque & Bacolod
46. Romblon & Marinduque
47. San Juan City & PPS
48. Camarines Sur & Quezon City
49. Lanao del Sur & Iligan City

PDA BEST PRACTICES AWARDS

The Public Health Committee steered by the chairman, Dr. Artemio Licos, Jr, will be recognizing the local chapter the Best Practice Award this year. By definition, "Best Practice" is defined as a service, function, or process that has been fine-tuned, improved, and implemented to produce superior results that demonstrate great impact or effectiveness, efficiency, sustainability, and collaboration or integration. A best practice can be a service, function, or process that a community oral health program leads, administers, partners, facilitates, and supports through collaboration with national or local stakeholders. Some of the criteria that will be used in the Best Practices Awards are: innovativeness, sustainability, delivery of benefits, identification of benefits, and proper documentation. Deadline of submission is set on January 30, 2023.

ORAL HEALTH, ORA MISMO SA KOMUNIDAD

The Philippine Dental Association, in its advocacy to improve its participation on general health care systems, has recently directed its resources to **Oral Health Ora, Mismo sa Komunidad**, a community-based program, headed by Dr. Ryan de Guzman, that aims to make oral health equitable and readily accessible to Filipinos.

Through the relationship-driven and community-centered concept "Dental Home", the participating dental chapters can now identify community-risk factors and address them appropriately, making optimal oral health achievable to Filipino communities.

During the past months, the **Oral Health, Ora Mismo!** programs and events have seen overwhelming participation by many dental chapters. Communities with pregnant population, abandoned children, indigenous people, people with special health care needs, the elderly, and people recovering from drug addiction were among the beneficiaries of the program.

To further improve the program, participating chapters have sent reports containing strategies to identify specific dental caries risk factors to their chosen communities. Memorandum of agreements between the dental chapters and other stakeholders, and detailed plan for their community program, were also reported.

PDA Public Health has always been involved in the assessment and implementation of solutions to improve the dental health needs of Filipinos.



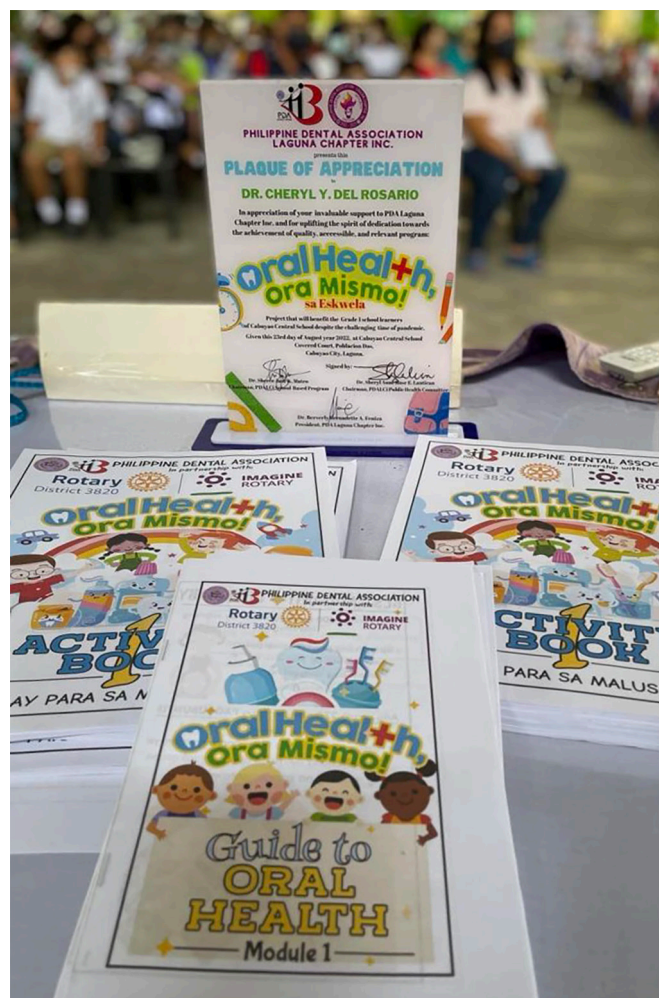
ORAL HEALTH, ORA MISMO SA ESKWELA

by: Dr. Sheryl Eje Lantican

According to the recent National Survey on Oral Health (NSOH) done by the Department of Health (DOH) in 2018, there were 85.29% of five-year-old and 68.25% of twelve-year-old children suffering from tooth decay, which puts our country on the third rank among Western Pacific Region countries with a high DMFT average. Furthermore, most Filipinos' primary motivation for going to the dental clinic is only to receive curative care.

The Philippine Dental Association (PDA), led by its president, Dr. Cheryl Y. Del Rosario, launched its three-year program, "Oral Health, Ora Mismo sa Eskwela," where in Dental Chapters and Affiliates have adopted Grade 1 students, teachers, and their parents in response to this alarming information. The program hopes to accomplish the following things:

1. Students will practice good oral hygiene;
2. There will be strong cooperation between teachers, parents, and stakeholders in promoting oral health awareness in the classroom and at home; and
3. Children will be in good oral health.



The PDA has a responsibility to spread and uphold these practices over time by educating people about proper oral health care and hygiene, addressing the current oral health status of kids ...



The groups have already begun the following activities: Fluoride Application to students and Dental Health Education for teachers and parents. DMFT Calibration was also discussed by Dr. Edbert Solano, PADPH Secretary, Dr. Maria Teresa P. Garcia, PPDSI President and Dr. Anais L. Rivera-Vicmudo, PPDSI Public Health Chairman, to Chapters and Affiliate Presidents along with their respective Public Health Chairpersons.

The PDA has a responsibility to spread and uphold these practices over time by educating people about proper oral health care and hygiene, addressing the current oral health status of kids (and the community), and using evidence-based treatments. Thus, by fostering collaboration between dental professionals and other stakeholders, we will keep developing public health programs that adhere to the highest standards of care.

ORAL CARE AWARENESS THROUGH ORAL HEALTH PROMOTION

The Oral Health Promotion Committee, under the PDA Public Health, aims to stress the importance of oral health, increase understanding of the disease process, promote healthful behaviors, and reinforce the value of regular professional care for prevention. Infographics are posted in different social media platforms to create proper oral care awareness. The main theme of this year's batch is "Oral Health, Ora Mismo!" In line with this, a digital poster-making contest was held among Sandigan chapters and affiliates wherein their posters were uploaded on social media accounts of the PDA as a form of oral health awareness to the public. The team also assisted the chapters by providing them with lectures and IEC materials that are helpful for their public health programs. The committee believes that social media is a powerful medium to spread the importance of oral health for a total healthy well-being.



These are the winners that were announced last November 5, 2022

Practice Management System

Protection and Productivity for Higher Profitability

BY BERYL JANE D. DUTERTE



The success of a practice does not rely entirely on the mastery and expertise of the practitioner. Rather, it is the level of efficiency at which the practice is managed that ultimately steers its course. Some have yet to reach this conclusion but for those who have, they found refuge and relief in a Practice Management System.

Practice Management Defined

In essence, Practice Management is managing all the business aspects of your practice, which include: information technology (record-keeping, charting), human resource (patient scheduling and staff roles), finance (billings and payments), marketing, and operations. Keeping all these aspects efficiently running and in sync drives productivity, profitability, and enhanced patient care. Most Practice Management System functions can typically be handled by a clinic manager or administrator but modern technology has paved way for accessible digital solutions that no longer entail a new hire, and these are all neatly packed in a Practice Management System. Since clinics are composed of different staff roles, the System is generally designed with “tiered users”, which means every user type is programmed with specific privileges and access to ensure proper task delegation and security.

Paperless Means Protection

Countless practitioners have dealt with the horrors of a paper filing system: files encroaching clinic space, missing or hard-to-find patient records, and handwritten treatment notes/charts that are prone to errors or misinterpretation. Moreover, paper

files are constantly under threat of calamities like flooding or fires. The inconvenience and consequential risks of lawsuits and penalties following clinical and financial data loss with hard files are too high to ignore.

A Practice Management System is specifically built to tackle the problems of a paper filing system by supporting digitization of the clinic, which include the provision of a robust digital patient records system and accounting system. Cloud-based (online-based) systems like MyMedsPH© takes it up a notch by making digital patient information and clinic data accessible for dentists who are on-the-go. While digitization also comes with its own risks, the system either comes with or already in itself a disaster-proof backup system (depending on its specifications) to safeguard your clinic data. Essentially, going paperless means protection for your practice.

Not an Option But A Necessity

Running a dental clinic can be stressful and majority of these burdens are not patient-related but rooted in administrative work. Any dentist who takes time to evaluate their typical client workflow can inevitably conclude that there are manual or paper-based

processes that can be weeded out for more efficient alternative solutions. However, in today’s fast-paced world where time is of the essence and standards are higher than ever, the digital alternative is no longer an option but a necessity. The System connects the front desk to the operatories and automates daily routine tasks. In dental clinics powered by an effective Practice Management System, clinicians and their teams are able to place more of their focus and efforts on patients and less on tedious administrative work. The results? Optimal productivity, positive patient experience, and ultimately higher profitability.

In the Philippines, the dental community can opt to digitize and upgrade their practice through a trusted digital solutions provider like MyMedsPH©. Their Practice Management System is proudly made BY dentists FOR dentists so its overall design and functionality certainly cater to dentist’s needs and are well-suited to the dental practice. Since MyMedsPH© is Philippine-based, dental teams can contact them anytime for technical support, regardless of their location. MyMedsPH© Practice Management System seeks to provide affordable and user-friendly digital solutions to everyday clinic problems.

Contact us:
MyMedsPH

- /MyMedsPHOfficial
- MyMedsPH.com
- @mymedsph



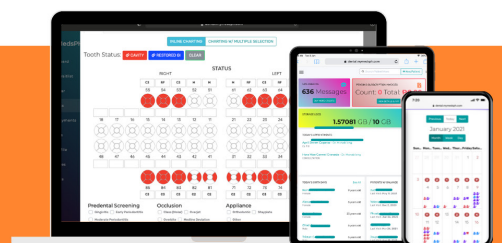
APPOINTMENTS
Bookings
Patient Profile Forms
COVID Questionnaire



OPERATORY
Charting
Progress Notes
Prescriptions & Certificates



PAYMENTS
Billing
Bookkeeping
Accounting



Mucogingival Surgery Prior to Orthodontic Treatment

A PERIODONTIC - ORTHODONTIC CASE STUDY

Charles Monarch Suguitan, DMD, MScD

INTRODUCTION

Periodontics is a branch of Dentistry that studies the structures that supports the tooth (such as bone and gingiva) and its relationship to other branches of dentistry is very essential for us to achieve the esthetics, functionality, and oral health of an individual. In Orthodontics, the most common objective is facial and dental aesthetics and the improvement in the masticatory function¹. Gingival recession is represented by atrophic periodontal changes during the course of the treatment which is a result of sublethal cell aggression such as hypoxia, mechanical compression, local reduced vascularization among others². When both orthodontic forces are applied to teeth, both compressive and tensile stresses develop in the surrounding tissues. Healing under tension have classically been described as sites of bone apposition while those under compression undergo bone resorption³. Root coverage procedures (e.g. free gingival graft) manage gingival recession and is considered as an important aspect of periodontal regenerative therapy⁴.



Fig. 1: Pre-Operative photo (Photo by: Emil Santos DMD, MScD)

MATERIALS AND METHODS

The case I am to present is a presurgical procedure for orthodontic treatment. The patient is a 23-year old male that was referred to the Orthodontics Department of University of the East College of Dentistry-Graduate School Infirmary (UECD-GSI) for Orthodontic treatment. Patient has no known systemic disease at the time of consultation; he was then referred to the Periodontics Department of UECD-GSI for assessment of his periodontal health before commencing the Orthodontic treatment. During clinical examination and thorough inspection of the periodontium, tooth no. 32 had inadequate to no attached gingiva and had gingival recession; clinically, the gingiva around tooth no. 32 has a thick

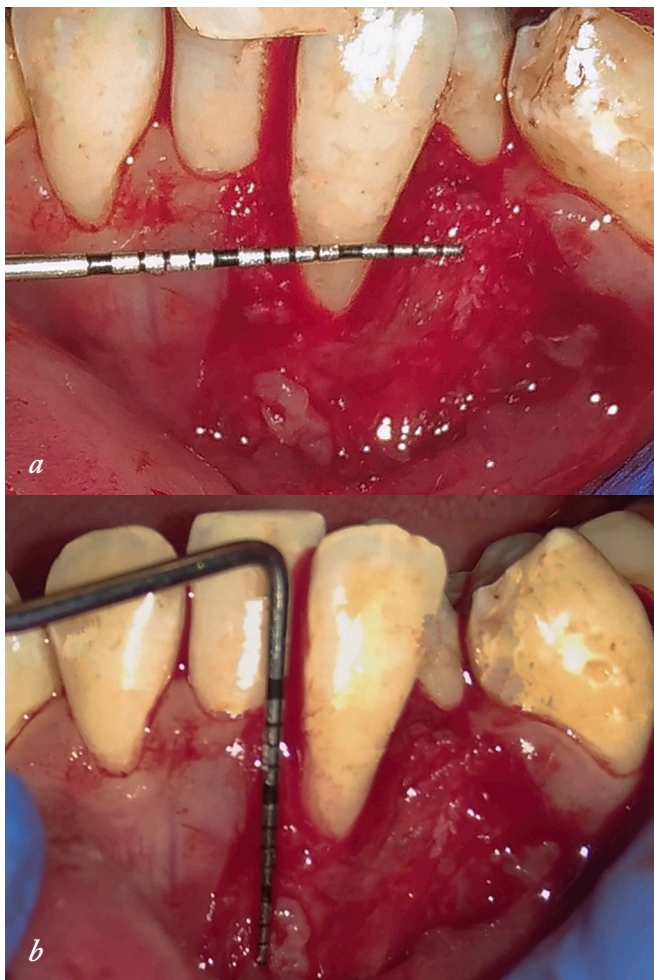


Fig. 2a: Horizontal incisions from tooth 32 to tooth 33

Fig. 2b: Partial thickness flap to expose periosteum

phenotype and no signs of inflammation. Upon radiographic interpretation, bone level is on the cervical third of the root (Miller Class I). Pre-surgical root coverage procedures needs to be done to gain attached gingiva since Orthodontic movement and can cause bone resorption; hence, there will be further recession of gingiva and oral mucosa. Aside from the tooth movement, the presence of dental plaque in the oral cavity can cause inflammation to the periodontium and may lead to periodontal diseases. Mucogingival surgery using free gingival graft was used to gain attached gingiva. The donor site will be at the hard palate between tooth no. 25 and tooth no. 26.

The procedure was done under local anesthesia using 2% Lidocaine with Epinephrine (1:100,000). The recipient site was prepared by performing scaling and root planing on



Figs. 3a and 3b: Measurement of Free gingival graft

tooth no. 32 for mechanical debridement. Horizontal incision was done using no.15 blade and the incision started at 1 mm apical to the gingival margin from mesial of tooth no. 31 to distal of tooth no. 33 with releasing incision on both ends. Partial thickness flap was done right after to expose the periosteum and decortication was made for additional

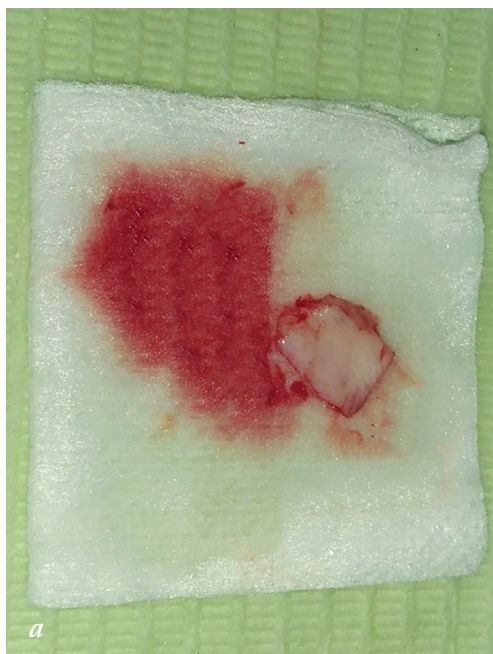


Fig. 4a: Free gingival graft after adipose removal

blood supply of the graft.

After recipient site preparation, donor site was prepared by measuring the recipient site using a unc-15 probe (Hu-Friedy, USA). Measurements were transposed to a sterilized tin foil and placed it on the donor site. Shallow incisions was made using no.15 blade to serve as an outline and the harvesting was completed by doing partial thickness flap within the outline.



Fig. 4b: Suturing of grafting material to recipient site

Subsequently, graft separation was performed using the blade and tissue pliers; the graft preparation was done afterwards by removing uneven and adipose tissues on the grafting material. Graft placement on the recipient site and suture on both sites using a resorbable suturing material were utilized towards the end of the procedure. A complete post-operative instructions was given to the patient.

RESULT

One week post-op: the donor site tissue healing was unremarkable. Tissue graft on the recipient site covered the cervical third of the root and is red in color inciting that the graft is highly vascular. After two-month postop: the recipient site has gingival recession but has a notable attached gingiva. After 6-month post op: Increased attachment at the gingiva and blanching of the keratinized gingiva was observed. A secondary root coverage surgery is recommended after orthodontic treatment.





Fig. 5a: Donor site 1 week post op
Fig. 5b: Recipient site 1 week post op



Fig. 6b: After 6 months post op

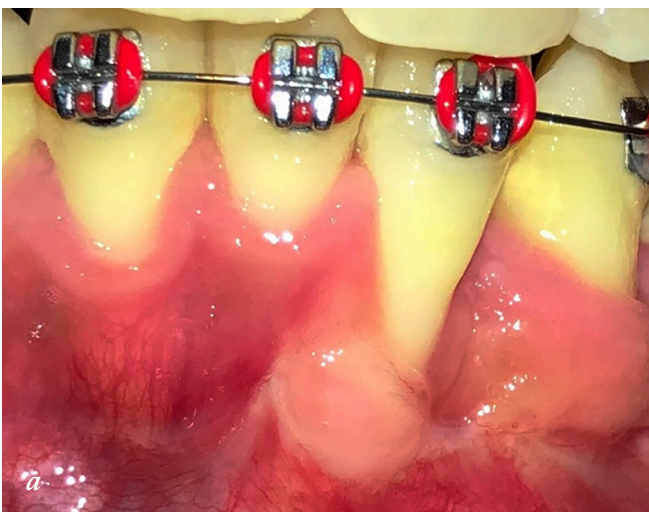


Fig. 6a: After 2 months post op

CONCLUSION

The interrelationship between the two branches of dentistry (i.e. Periodontics and Orthodontics) must be considered during treatment planning for the management of gingival recessions.

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About the Author

Dr. Charles Monarch Suguitan is a graduate of the University of the East, College of Dentistry in 2013 and received his Master's Degree Major in Periodontics from UE Graduate School Program in 2018. He is an active member of the Philippine Society of Periodontology and attended several continuing education through local scientific symposiums and international conferences (such as in the Scottish Dental Show, British Dental Show, FDI World Congress, IDEM, etc.). He was a faculty member of CEU College of Dentistry in 2018 and UE College of Dentistry from 2018 to 2020. As of the date, he holds private practice in San Juan City, Quezon City, and Cainta, Rizal and is engaged as visiting specialist to numerous clinics around the Metro.

Dr. Fernando “Andy” Fernandez

WARRIOR, TRAILBLAZER, AND FATHER

by: Dr. Louis Fernandez



L-R: Drs. Louis and Andy

A highlight for the PDA this year has been the triumph of our very own Dr. Fernando “Andy” Fernandez at the 2022 Professional Regulation Commission (PRC) Awards held at the Fiesta Pavilion, Manila Hotel.

Dr. Andy, a University of the East College of Dentistry 1990 graduate, was bestowed the 2022 Outstanding Professional of the Year Award for Dentistry as recommended by his peers and verified by the Commission in a strict and thorough vetting process. The award is given for having sufficiently demonstrated professional competence of the highest degree.

Although dentists are awarded by the PRC yearly, Dr. Andy gave us all additional reasons to celebrate, by being the FIRST member of the dental profession to be nominated as a finalist for the PRC’s Eric C. Nubla Excellence Award. This award is named after the PRC’s first chairperson who served from 1974-1986. It was created to grant the highest distinct honor to the professional who has surpassed the qualification standard based on the criteria set for outstanding professionals. Dr. Andy was one of the only five (5) awardees to be named as the finalist. His ability to continue to break through barriers in our profession and beyond is why Dr. Andy is truly in a league of his own in professional organizational leadership.

It is well known in our profession and beyond that Dr. Andy conducts himself with fierce integrity in the exercise of his profession. In his career, he spearheads groundbreaking, meaningful professional activities through local and international professional organizations. His significant and often-times trailblazing contributions to the advancement of the profession throughout the years have profoundly and effectively introduced Filipino dentistry to the world stage. He routinely goes beyond the call of duty and seeks to maximize his opportunities. He attributes his meteoric rise in the Philippine Dental Association and beyond to his professional upbringing as a UE Red Warrior.

About the Author: Dr. Louis finished his degree, Doctor of Dental Medicine in 2018 at the University of the East and ranked third in the 2018 Dentistry Licensure Exam. He won the UE Leadership Award for Men in 2018 and became the NCR Regional finalist in the Ten Outstanding Students of the Philippines. During his college years, Dr. Louis has had numerous leadership experiences and organizational involvement as well as community involvement and volunteer work. He is currently a faculty member at the UE College of Dentistry, Oral Surgery Department; a consultant at the department of Medicine at the Perpetual Help Medical Center; and has a thriving and active oral surgery practice.



Dr. Andy Fernandez joined by some of the dignitaries of PDA during the 40th Asia Pacific Dental Congress in 2018.

Through his leadership in the Asia-Pacific Dental Federation and the World Dental Federation (FDI), Dr. Andy has been able to pursue advocacies and activities that do not only impact Filipinos but also Oral Health on a global scale. Through his career in the academe as a beloved professor in oral surgery and hospital dentistry, he has touched future professionals on the grassroots level. He makes what seems impossible possible by force of will and a genuine heart for others. This difficult balance of being world-renowned yet still accessible to many has made him a truly unique icon for the profession.

In the eyes of many colleagues, he is a champion of Philippine Dentistry. One

of his biggest missions in being active in numerous international organizations has been opening doors for the next generation of Filipino dentists. As he has made his way up the leadership structure of these international organizations, Dr. Andy used his new-found friendships to create opportunities for continuing education and career advancement for many dentists specialists in the field.

He is a firm believer in the ability of future generations of the Filipino dentists to surpass what past generations have done. He knows that with proper preparation and with a proper platform to thrive, up-and-coming dentists can excel as positive contributors in continuing dental education, oral health policy-making and in strengthening camaraderie among dentists from all over the world.

A big reason for why he believes in the potential of the next generation is because of his own sons. Dr. Andy is a proud and devoted father to three (3) capable and accomplished men, two of which are also in the dental field. Despite all his busyness, Dr. Andy is proud of the fact that he has never missed a major milestone in any of his sons' lives. More than being recognized as an outstanding professional, Dr. Andy also deserves to be recognized as an outstanding father.

To paraphrase the man himself, the awards should be seen less as a symbol of his own achievement but more as markers by which future generations may measure themselves against. Dr. Andy is setting a path for the next generations. Through his own hard work, the path has been made clear and the foundation is secure. All he needs is for people to step up and be driven. He hopes to see multiple young professionals follow and eventually surpass whatever these so-called achievements may be. What is most important to him is that excellence and professionalism are the center of whatever endeavors they may pursue. Because with a strong character, clear and noble mission and a heart for service, anything is possible.

As his son, I am proud to be able to share my father with hundreds of other young dentists. I see the way he impacts young dentists the moment he enters a room. I understand the gravity of his every word and advice. I appreciate his willingness to share himself with and sacrifice himself for his profession, and I couldn't be prouder. I see the early morning meetings with people on foreign time zones and the sleep-deprived nights spent working overtime for students. I now appreciate the sacrifices he has made over the years. I truly believe he deserves every award that has come his way and more.

So as we end, I would like to humbly ask our readers to congratulate my father, not for the award, but for the work he continues to put in for the benefit of dentists in my generation and beyond. Thank you, dad. Congratulations!



Sarap Mong Kasama

Lyrics by: Dr. Jennifer Mercado-Añonuevo

Hmm... Oooh... Yeab

*Paskong biyaya
Hatid sa atin ay Pagasa
Biyayang buong taong tinamasa
Kay sarap lalo pa't ikaw ang kasama*

Oooh

*Sarap mong kasama
Laging dala ay saya
PDA nar'yan ka... para
Sa mga dentista... Yeab*

*Ika'y laging maaasaban
Tunay kang kaibigan
Kami ay di mo malimutan
Sama-sama ngayong Pasko*

*PDA maaasaban
PDA kaibigan
PDA di mo malimutan
Sama sama ngayong Pasko*

*Pagsaluban magandang bukas na pangako
Dabil kasama ka (kasama sa t'wina 3x)
Dama namin ang iyong (iyong kalinga)*

Oooh

*Ika'y laging maaasaban
Tunay kang kaibigan
Kami ay di mo malimutan
Sama-sama ngayong Pasko (ngayong Pasko)*

*PDA maaasaban
PDA kaibigan
PDA di mo malimutan
Sama-sama ngayong Pasko*

PDA pag-aalaga mo ay pamana (2x)

Sinag ng Pag-asa, Tala ng Pasko

Lyrics by Dr. Jennifer Mercado-Añonuevo

*Walang tigil ang pagbabago
Lumipas man ang panahon
Pag-asa'y di mabibigo
Dumaan sa kadiliman
Ngunit handang lumaban
Dabil sa Diyos at sa panibagong ngayon
Lirwanag ay natatanaw*

*Matamis mong ngiti
Aalagan ko
Ngiting mula sa puso
Nagbibigay lirwanag sa Pasko
Matamis mong ngiti
Aalagan ko
Sinag ng Pag-asa
Talang maliwanag sa Pasko*

(Interlude)

*Oooh... Lalala lalala
Oooh... Lalala lalala
Oooh... Lalala lalala
Oooh... Lalala lalala*

*Magkaisa tayo
Kasama mo ako
Philippine Dental Association
Sama-samang magbigay lirwanag*

Philippine Dental Association (2x)

*Matamis mong ngiti
Aalagan ko
Ngiting mula sa puso
Nagbibigay lirwanag sa Pasko
Matamis mong ngiti
Aalagan ko
Sinag ng Pag-asa
Talang maliwanag sa Pasko
Sinag ng Pag-asa*

Talang maliwanag sa Pasko (4x)

About the Composer

Crafting a song is not as easy as frying an egg. People would think writing a song is just assembling structure and elements, pushing the creative envelope when spark flies and then BAM! inspiration pops into your head. In reality, it isn't as easy as that. Songwriting can be very different. A lot of times, you may need to have an extra boost to let those creative juices flow.

PDA is very lucky to have on board one of the most talented composers, Dr. Jennifer Añonuevo. Dr. Jenn's knack for word play is so impressive that she can actually write a song in an instant, be it in Tagalog or in English. Call that sheer talent. This year she wonderfully wrote the lyrics for the PDA Christmas Jingle and this is not actually her first. She has written several other songs for our organization, like the Christmas jingle "Sinag ng Pag-asa, Tala ng Pasko" for 2021 and the toothbrushing jingle "Brush sa Umaga, Brush sa Gabi" for NDHM last February 2022.

I have known her for more than twenty years already. My first encounter with her was when Dr. Jonas Añonuevo, then President of San Juan Dental Chapter, invited me to arrange and put melody on the lyrics for San Juan Dental Chapter hymn which was written by Dr. Jennifer herself. Little known to many, she also was part of the San Juan Chorale as an Alto singer which was formed in 2001. So this girl really deserves a hooray and thank you from all of us for unconditionally sharing her time and talent to impact the lives of many people through music, most especially songwriting.

– Dr. Jeanne Marie Ciño-Martinez



114TH PHILIPPINE DENTAL ASSOCIATION ANNUAL CONVENTION & SCIENTIFIC SESSIONS



MAY 8-12, 2023

**SMX CONVENTION CENTER MANILA,
Mall of Asia Complex, Pasay City, Philippines**

Register at www.pda.com.ph

My warmest greetings!

Once again, the Philippine Dental Association Incorporated will be having its **114th PDA Annual Convention & Scientific Sessions** on May 8 to 12, 2023 at the SMX Convention Center, Mall of Asia in Pasay City, with the theme “**PDA Going Above and Beyond**”.

It is with a deep sense of pride as we bring back the PDA convention in the new normal times. PDA has proven itself as a resilient national dental association through the excellent leaderships of our past presidents. It is therefore my honor to lead you all as the General Chairman and your President-elect as we bring back the Annual Convention we all look forward to.

Together with my Organizing Committee, we have prepared Scientific Sessions that are relevant and timely. We have filled up our Trade Exhibition with everything that you need for your practice under one roof. And to warmly welcome you all, we will be having an hourly raffle and most importantly, we will be raffling off, a BRAND NEW CAR to all EARLY BIRD REGISTRANTS ONLY.

We highly encourage you to register now through your Chapter Presidents-elect or at the PDA office. This is the perfect time for all of us to converge, to learn and enjoy continuing professional development and various activities.

Together, let us go above and beyond the best in Dentistry. See you all at the 114th PDA Annual Convention & Scientific Sessions. *Maraming Salamat po! Mabuhay ang PDA!*



Dr. Emmanuel T. Centeno
PRESIDENT-ELECT & GENERAL CHAIRMAN
PDA 114th Annual Convention & Scientific Sessions

– SCHEDULE OF PAYMENT – Convention/Membership Fees & Insurance

	Pre-Registration December 16, 2022 to March 15, 2023	On-Site March 16, 2023 onwards
• Active Member	₱6,500	₱8,000
• Life Member	₱3,250	₱4,000
• Dental Hygienist	₱6,500	₱8,000
• Dental Technologist	₱6,500	₱8,000

REGISTER EARLY
>>>>>>> **N'** <<<<<<<<
WIN A CAR!



Toyota Raize



Toyota Vios

The raffle draw will be held during the **Fellowship Night on May 8, 2023**, and for early-bird convention registrants **ONLY**. For car raffle details, check announcements of the 114th PDA Annual Convention Raffles Committee.



25th PDA VISAYAS AREA CONVENTION

JANUARY 18
11 AM - 12 NN



DR. MARIO ESQUILLO
Topic:
Differential Diagnosis of
Orofacial Pain and Surgical
Management

JANUARY 18
1 PM - 2 PM



DR. FERNANDO FERNANDEZ
Topic:
Oral Cancer: Early Detection and
Primary Management

JANUARY 18
2 PM - 3 PM



DR. ROBERTO TAJONERA
Topic:
Prevention and Management
of Post Surgical Complications

JANUARY 18
3 PM - 4 PM



DR. RONALDO NUNEZ
Topic:
Bite Check: The Wonders
of Semi-Adjustable Articulator

JANUARY 19
8 AM - 9 AM



DR. LEO GERALD DE CASTRO
Topic:
Green Dentistry:
Saving Mother Earth from
Biohazards for Better Tomorrow

JANUARY 19
9 AM - 10 AM



DR. JOSE ANGELO MILITANTE
Topic:
Antibiotic Microbial Resistance

JANUARY 19
10 AM - 11 AM



DR. ALVIN LAXAMANA
Topic:
Private Dental Practice and
Dental Public Health:
Interdependency

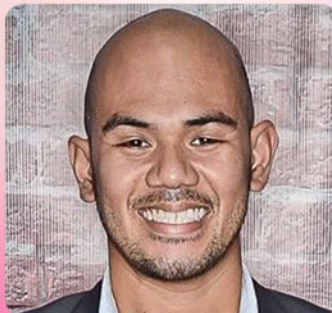
JANUARY 19
11 AM - 12 NN

Expert Panel
Discussion

- DR. LEO GERALD DE CASTRO**
- DR. JOSE ANGELO MILITANTE**
- DR. ALVIN LAXAMANA**
- DR. ROBERT TAJONERA**
- DR. FERNANDO FERNANDEZ**
- DR. STEPHEN B. ALMONTE**

Topic:
Emerging Concerns in the
Current Practice of
Dentistry

JANUARY 19
1 PM - 2 PM



DR. RYAN DE GUZMAN
Topic:
"Truth or Dare"
- The Daring Truths about
Glass Ionomers

JANUARY 19
2 PM - 3 PM



DR. STEPHEN B. ALMONTE
Topic:
Managing Dentin
Hypersensitivity through
Periodontal Plastic Surgery

**12 CPD
Units
Approved!**



PHILIPPINE DENTAL ASSOCIATION
33RD MINDANAO AREA CONVENTION 2023
 SIARGAO ISLAND, SURIGAO DEL NORTE
 Gen. Luna, SIARGAO ISLAND, Surigao Del Norte
 March 29 & 30, 2023

CPD Points Applied

Register through the following:

- **Registration Committee**
Chairman: Dr. Evadne Ramos
 (0970-024-2370)
- **PNB Account No.:**
 4034-1003-4612
 (Philippine Dental Association, Inc.)
- **Palawan Remittance:**
 - Dr. Jane Ruaya
 (0946-409-1810)
 - Dr. Vhelron Galvadores
 (0966-971-7447)
 - Dr. Liezel Mindana
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